

HELP TO KEEP THE ARKENSTALL CENTRE COVID-19 SECURE

- ❖ **You must not enter if you or anyone in your household has displayed COVID-19 symptoms in the previous 14 days.**
- ❖ **If you develop COVID-19 symptoms within 10 days** of visiting these premises alert Test and Trace – [NHS.uk/coronavirus](https://www.nhs.uk/coronavirus) or **call 119** – alert the Caretaker – **07538 449677** – and alert the organiser of the activity you attended.
- ❖ **Wear a face covering inside the Centre.** There are some circumstances where people may not be able to wear a face covering. Please be mindful and respectful of such circumstances.
- ❖ **Maintain 2 metres social distancing as far as possible:** wait behind the marked lines as you go through the entrance hall to your activity and observe the one-way system. Standing or sitting next to someone is lower risk than opposite them.
- ❖ **Use the hand sanitiser provided** on entering the premises. Clean your hands often. Sanitiser is available in all rooms, and soap and paper towels are provided by the wash hands basins.
- ❖ **Avoid touching your face, nose, or eyes.** Clean your hands if you do.
- ❖ **“Catch it, Bin it, Kill it”.** Tissues should be disposed of into one of the General Waste bins provided. Then wash your hands.
- ❖ **Check the organisers of your activity have cleaned door handles, tables, other equipment, sinks and surfaces before you arrived.** Keep them clean. We cannot clean all surfaces at the Centre between each hire.
- ❖ **Take turns to use confined spaces such as corridors and toilet areas.** Briefly passing another person in a confined space is low risk.
- ❖ **Keep the hall well ventilated. Close doors and windows on leaving.**