

## Wellness Products & Services

Alison Bruce  
Spirit & Soul

Crystals and more...

Nat Deighton  
Tropic Skin Care Consultant

Nutrition, skincare, bath and  
body, makeup

Jo Franklin  
FranklinScents

Wax Melts - candles, wax melts,  
room/linen sprays and reed  
diffusers

Ginette Heard  
Ely Queen Bees

Wax and Organic Honey  
products

Brenda Ros Mangeot  
Natural body care by Ros

Body butter, body oils, hand  
butters, hand and foot scrubs  
and bath salts

Sam McHugh  
Magnetix

Magnetic Jewellery & Wellness  
Products

Kelly O'Prey  
GlitzzyGlam

Wax and Gifts

Katrina Redman  
Herbalist & Naturopath

Herbal teas & lip balms

Kim Smith  
Forever Living Consultant

Aloe nutrition, skincare, bath  
and body products

Nicky Tsierkezo  
Dizziness Designs

Intuitive artwork and handmade  
pieces

Margaret Verrill  
Arbonne Consultant

Nutrition, skincare, bath and  
body, makeup

Darren Ward

Dignity Funerals

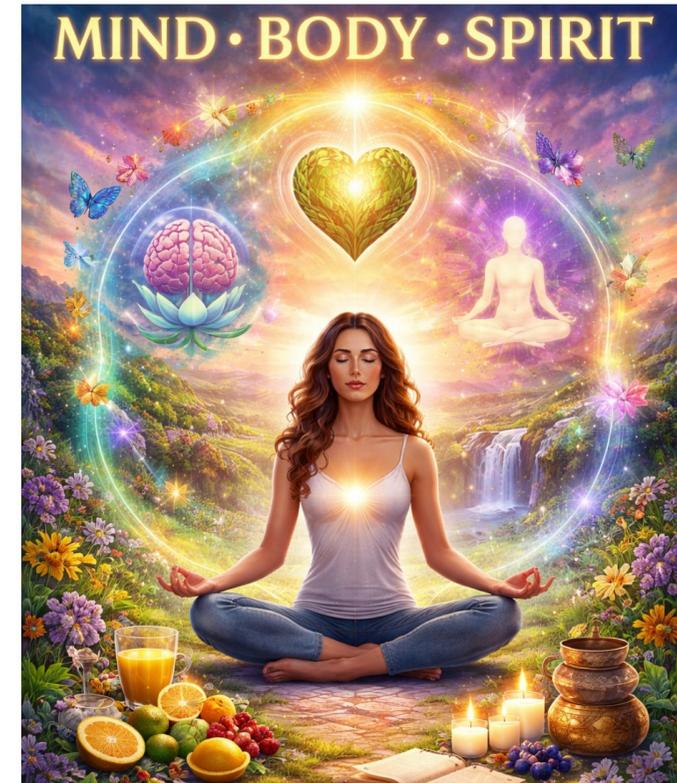
# Arkenstall Centre

Station Road, Haddenham, Ely, Cambs CB6 3XD

## Holistic & Wellbeing Day

## Saturday 14 March 2026

## 10am to 3.30pm



**Holistic Therapies | Spiritual Guidance | Wellness Stalls**

**FREE ENTRY | Car Park**

**Refreshment Cafe**

**Raising Funds for the Arkenstall Centre Charity No. 300394**

## Wellbeing Practitioners

Michelle Allen	Japanese Head Spa, Teeth Whitening and Callous Peel
Abigail Barhami Cambridge Aesthetics & Wellbeing Lounge	Skin/Wellbeing/Menopause Information
Sally Barber	Holistic Menopause Massage and Wellness Reflexology
Sandra Baron	Traditional Chinese Cupping Massage and Warm Bamboo Massage
Janice Crane Simply Reflexology	CalmSense Reflexology + Neals Yard products
Debbie Dewis	Holistic Physiotherapist
Melanie Easter	Professional Ear Care
Emma Egan	Hot Stones Massage and Oilistic Essential Oils
Georgia Furlong Beauty Box	Beauty Therapy, including Express Manicures and Pedicures
Nicola Hayter NRB Fitness	Fibromyalgia Massage and Menopause Massage
Paula Hutchison Circles of Sound	Sound Massage
Donna Newey	Facial Reflexology

Leila Ouchikh	Gua Sha Luminous Lift & Seated Acupressure Massage
Hannah Richardson	Neck & Shoulder Massage, Neck & Scalp Massage and Relaxing Back Massage
Dr Kyle Wingate	Move Free Chiropractic
Bobbie Wright	Crystal Healing, Casting Charm & Crystals
Paula Young	Reiki Healing & Indian Head Massage

## Spirituality/Healing

June Allman	Psychic Medium
Neil Berridge	Spiritual Healing
Tanya Short	Energy Reader - Tarot Reading
Helen Sproston	Spiritual Medium
Melanie West	Cloak Healing

**Wellness is not just for people!  
Keep your furry friends content as well!**

## Pets

Jan Carrick Whiffin Paw-works	Health & Wellbeing Products for Pets
Yvonne Mackender Progressing Partnerships	Dog Training, Training Aids and Bugbites
Leanne South K9Kakes	Homemade & natural dog treats